Date: 02/19/15—Thursday

Time: 1:00pm





011000







JUMP ROPE FOR HEART has officially started at FHSA! Let's team up and be Heart Hero's for our community!! Our school goal is to raise \$1,500 for the American Heart Association!! Sign up online at www.heart.org/jump or use a Jump Rope for Heart envelope to collect your donations! Please see Coach Perkins for any questions!

Let's celebrate with a JUMP PARTY!! If you donate \$5.00 you are able to attend the Jump Party on 2/19/15!

ALL DONATIONS DUE: WEDNESDAY, FEBRUARY 18TH, 2015

PARENTS!!! We need volunteers! If you are willing to help out by popping popcorn, donating water bottles (small), or helping students during the event please contact Coach Perkins ASAP!!!

Phone: 479.549.7233

EMAIL: SARAH.PERKINS@LRSD.ORG





